

You're Invited on a Breton Adventure
A Breton Heritage Trail

Take your family on a journey in and around Rennes and enjoy a fantastic trip back in time at the gateway to beautiful Brittany. As you explore magnificent Châteaux and some of the region's lesser-known gems, your imagination will be irresistibly fired by the poetic power of Brittany's dreamlike gardens and magical ancient stones. You can count on the lovely Vilaine River to lead you on a restful voyage along its meandering banks.



Château du Rocher Portail in Maen Roch

Step back in time!

Welcome to one of Brittany's most beautiful Châteaux! Immerse yourself in the daily lives of ancient nobles and their servants in an aural ambience straight out of Downton Abbey. Once they have slipped into their prince and princess costumes, kids can uncover all the mysteries of **the Château du Rocher Portail's** secret passageway in the little town of **Maen Roch**. In **Fougères**, brave souls will have the chance to scale Europe's biggest medieval fortress.

The town's parks, gardens and winding streets are also perfect for romantic strolls. You might even catch a glimpse of one of the region's famous fairies...

For the next stop on your medieval adventure, head to the ancient **site of Chevré in La Bouëxière**. Download the Chevré 3D app and relive the history of this most Breton of destinations, which still echoes with the sound of ancient power struggles, peasant life and old-world beliefs.



A lock on the Vilaine River

A Trip Down River

From the wood-panelled homes of its historic city centre to the contemporary architecture of the riverfront, you will find no end of surprises in **Rennes**. From architectural gems to street art and some very unexpected hidden gems, follow our guide to **the Breton capital** and set off on the most original of urban journeys.

Hear that sound? It's the historic **Vilaine River** wending its way not too far from here... Why don't you open its locks and set off on a river trip of your own? You can take a boat, a kayak, a paddleboard or jump aboard a local-style toue barge.

If you're feeling adventurous, you could even try your hand at steering one of these traditional boats. You don't need a licence - but you will have to be pretty agile to get through all the locks! Deep thinkers and dreamers will drift delightfully along with the journey's ebb and flow. Take a detour through **Lohéac**, a village that thrums to the sound of motorsports all year round. The Automobile Museum is at the heart of the action. Spend a few hours in this car lovers' mecca and more than 400 models from Renault Dauphines to front-wheel drives via Alpines and Ferraris will guide you through more than a century of automobile history. If you ever loved playing with toy cars as a kid, this museum is a dream come true.

Immerse Yourself in History

There is a wonderful world just behind the gates to **Rocambolè Gardens in Corps-Nuds**. Wander through its winding foot-paths and you will spot artworks made of recycled materials among the flowers and vegetables. This unique and relaxing experience blends art with environmentalism.

Visit the **Roche aux Fées** megalithic site and go on a voyage back in time... It is said that this iconic, mysterious dolmen was built a long, long time ago by fairies who wanted to prove to us that they existed (hence its name, 'Fairies' Rock'). Would you like to find out more? Come explore the Roche aux Fées via the Roche aux Fées app and travel through 5000 years of history!



Rocambolè Gardens - Corps-Nuds

Would you like to find out more?

lerocherportail.fr

chateau-fougères.com

liffre-cormier.fr/site-de-chevre

tourisme-rennes.com

valleedelavilaine.fr

touedelavilaine.fr

manoir-automobile.fr

jardinsrocambolè.fr

cc-rocheauxfées.fr



The Chevré Medieval Festival

Discover the Destination Maps collection

The map you are holding belongs to a set of tourism and heritage maps designed to help you explore Brittany and all its Destinations. Eventually, there will be 10 maps in the set:

- Saint-Brieuc Bay - Paimpol - Les Caps,
- Brest terres océanes,
- Bretagne Loire Ocean,
- Southern Brittany - Gulf of Morbihan,
- Destination Brocéliande,
- Heart of Brittany - Kalon Breizh,

- Pink Granite Coast - Morlaix Bay,
- Quimper Cornouaille,
- Rennes and the gateways to Brittany,
- Cap Fréhel - Saint-Malo - Mont Saint-Michel Bay.

Each map shows the best of the area, its must-see attractions, and a selection of sites and places to visit. Available in all tourist offices, this is the perfect tool for exploring your Destination, in French or English.



Walking in Brittany

Set off on foot with the Topo-guides® published by the French ramblers' association (FRRP)

This is the must-have guide for all walkers. The Brittany Topo-guides® from the French ramblers' association allow you to set off confidently on the Sentier des Douaniers coast path (custom officers' path - GR®34), countryside trails (GRP®) or shorter hiking routes. They are available in bookshops and from the www.ffrandonnee.fr website, under 'boutiques' (shop).

For all information on walking in Brittany: <http://bretagne.ffrandonnee.fr>.



Brittany on horseback : Equibreizh

Over 2,000 km of well-signed routes are the perfect way to explore Brittany on horseback. At every stopping-point along the route, you'll find accommodation that makes special provision for riders and their horses.

You can find all the details at: www.equibreizh.com

The circular day walks are also available on the website rando-tourismebretagne.com

Brittany by bike: a superb network

With nearly 1 800 km of dedicated cycle routes and greenways, Brittany really is the place for cyclists! These cycle routes are well signposted, safe and user-friendly. They follow canal and river towpaths, former railway tracks and quiet minor roads along the shoreline.

From this outstanding network, explore the Vélodyssée® and the EuroVelo 4, two European routes that take you on an exciting journey on Brittany's borders!

Prepare your trip online

Whether you're walking, cycling or on horseback... planning a short outing or an expedition of several days, you'll find the best Brittany routes at www.rando-tourismebretagne.com. This search engine allows you to find trips by level of difficulty, duration or the starting point. For place-to-place itineraries, the site also offers a list of accommodation and nearby places of interest. You will also find all the tips and advice you might need. www.rando-tourismebretagne.com

Brittanytourism.com, the essential guide to your holiday in Brittany

To get the most out of your holiday in Brittany, visit brittanytourism.com. History, walking trails, cycle routes, unmissable tourist sites, an events calendar and more. The Brittany Tourism portal gives you access to all the information you need to explore Brittany. You'll also find plenty of recommendations, whether you're looking for activities, treating yourself to a gourmet meal or booking accommodation. brittanytourism.com



MobiBreizh : plan your public transport journeys in Brittany

Use mobibreizh.bzh to find all the information you need to organize journeys combining various environmentally responsible modes of transport (bus, underground, train, coach, ferry...). The website includes a journey planner to help you plan your trip from door to door, and offers a choice of routes depending on the preferences you select.



Museum of the Moon - Luke Jerram, Piscine Saint-Georges - Rennes

Art Every Which Way
An Art Trail



Vitré

Taking in everything from contemporary style to art deco and the French art de vivre, this eclectic (and delicious) culture trail is your chance to get to know an unusual, creative destination where life is always pretty good.

City Walls Aglow with Life

Discover art de vivre, **Vitré-style!** Once night has fallen, the town's defensive walls are artistically lit, creating an illuminated trail that reveals all the secrets hidden away in these ancient constructions. Prepare to come away dazzled! If it is escapism and adventures you are looking for, don't miss your chance to solve the mystery of the "Tower with No Name" and delve deep into the Château's best-kept secrets.

Fresh Air, Fresh Art

The next stage in your art trail takes you to the **Jardin des Arts** sculpture park in **Châteaubourg**. The event is run by the 25 members of the Entrepreneurs Mécènes organisation from May to September.

Each sculpture seems more impressive than the last as you wander through Ar Milin park and around the town.

The **Château des Pères in Piré-Chancé** has an enchanting mixture of forests, gardens and ponds. Here, well-known creatives and fresh young talent take you on an invigorating artistic journey through an estate with more than 31 hectares to explore. Unleash your creativity during a day's workshop with the Château's resident artists.

Because the **Les 3 CHA** art centre is in the Château de **Châteaugiron's** ancient chapel, its contemporary creations form a certain sparkling rapport with the ancient heritage around them. The chapel opens its doors all through the year to host one-off exhibitions specially designed for the site as well as excellent cultural events, offering visitors so many wonderful opportunities to discover (or rediscover) a heritage site reimagined through artists' eyes.



Château des Pères in Piré-Chancé



Jardins du Château de la Ballue in Bazouges-la-Pérouse

Delicious and Delightful

From contemporary style to art deco and the French art de vivre, art of all kinds is everywhere you look in **Brittany's capital**. Open your eyes and see what's out there... The citizens of Rennes are experts when it comes to art de vivre, or that ineffably enjoyable lifestyle you only get in France. The city is buzzing all year round with exhibitions, concerts, festivals and alternative cultural sites. If you'd like to try a famous galette saucisse (buckwheat crêpe with sausage), head to the Marché des Lices marketplace on a Saturday morning. But be warned - once you've tried one, you'll want another!

Brittany's bookshop capital, **Bécherel**, perches on the rocky high ground just a few minutes outside of Rennes. Its ancient merchants' homesteads and cloth weavers' workshops have now been transformed into antiques stores, galleries, and shops and stalls run by sculptors, painters, bookbinders, calligraphers and illustrators - and booksellers, of course.



Mythos Festival - Rennes

Slow tourism

The **Château de la Ballue's** gardens overlook the immense Couesnon Valley and are a work of art in their own right. Every last inch has been pruned and sculpted in the style of the baroque Italian gardens of the 17th century. You will spot contemporary sculptures dotted here and there as you wend through their dreamlike, labyrinthine pathways.

Just a few miles down the road in the heart of the small village of **Bazouges-la-Pérouse**, contemporary art galleries have taken up residence in three ancient shops. Le Village art centre is a hotbed for artistic experimentation and holds three exhibitions a year. As you explore its open-air collection of public artworks, this official "Petite Cité de Caractère" (or "characterful small town") slowly reveals all its secrets to you.

Would you like to find out more?

chateau.vitre.bzh

lesentrepreneursmecenes.fr

chateaudesperes.fr

les3cha.fr

tourisme-rennes.com

becherel.com

laballuejardin.com

Brittany

Greenways, hiking, nature

